

Item	Notes
Sleeping bag	
Pillow	
Sleeping pad	This is optional
Tent	
Tent pad	You can also use a standard 'blue' tarp

#	Item	Notes
3	T-shirts	
3	Underwear	
3	Socks	
1	Shorts	
1	Jeans	
1	Bathing suit	
1	Warm inner layer	A fleece or down jacket is perfect. A thick long sleeved shirt, or sweatshirt are good options.
1	Outer layer	A thin rain jacket
1	Walking shoes	
	-----	
1	Small toiletries bag	
1	Toothbrush	
1	Toothpaste	
1	Hairbrush	
1	Towel	
1	Deoderant	
1	Nail clippers	
	-----	
1	Camp chair	
1	Mug	
	-----	
1	Small backpack	
1	Pocket knife	
1	Toilet paper	Partial roll is ok
	Feminine products	
	Personal medications	
1	Flashlight/headlamp	Try to standardize on batteries: AA is best, or AAA. Avoid CR2032, CR123, etc.
2	1L water bottle	Use cheap disposable ones from supermarket. Buy a 24 pack.
1	Hat	Wide brimmed is good
1	Sunglasses	Bring case too
1	Sunscreen	Small size
1	Blistex	

Item	Notes
Coleman stove	
Stove fuel	Make sure fuel is fresh
Lighter	
-----	
Cast iron pan	
Pan lid	
Teapot	
-----	
Can opener	
Spatula	
Large serving spoon	
Measuring spoons	Teaspoon, tablespoon
Cheese grater	
Half cup measuring cup	
Knife sharpener	
Cutting board	
Smores sticks	For cooking marshmallows, hot dogs, etc.
Large cutting knife	
Roll of paper towels	
Hand towel	
-----	
Salt	
Pepper	
-----	
Water bucket	For dousing camp fire, and cleaning dishes
Dish soap	
Plastic brush	
Sponge	
-----	
Spoons, forks, and knives	
Bowls	
Mugs	